



The Haverstraw Center

The Haverstraw Center
50 West Broad Street
Haverstraw, NY 10927
(845) 429-5731

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Strengthening Families - For Parents and Youth Ages 10-14

THE BOY'S COUNCIL

By Eddie Rodriguez

The Boys Council at the Haverstraw Center with Tim and Frankie has been very important to me. We discuss various topics as well as what's going on in our lives. We also learn about life as a teenager and the importance of getting an education, so we can further ourselves in life. The Boys Council is for boys ages 14 -17. We meet every Wednesday from 4:00PM-6:30PM. See you then...

Do you want to help your children succeed in the future?

Do you want to maintain a positive relationship with your children during the challenging teen years?

The Strengthening Families Program will provide you with the tools that will put you and your family on the path towards making your dreams come true.

In just 6 weeks your children will develop skills in handling peer pressure

and building a positive future. Your family will grow and have fun together.

Free family dinner and babysitting available for younger siblings.

Fall Session Dates:

Wednesdays, October 6 to November 10,

(6 weeks)

6:00PM-8:30PM

Place:

Haverstraw Center

50 West Broad Street

Haverstraw, NY 10927

Registration required. Please call the Haverstraw Center @ 429-5731.

What parents have said about the program:

"It was fun and moved along quickly."

"We saw other parents have the same issues with stress, chores, time management, sibling rivalry."

What kids learned:

"I didn't realize how much my mom cared about me."

"I learned to respect my parents"

Self Expressions

Thursdays 5:30PM - 6:30PM

Hello, my name is Neshat Alamgir. And I am a student worker at the Haverstraw Center. I attend North Rockland high school, and I'm finishing my last year there. In my job, I assist kids with their homework, watch after them, and more importantly have fun with them. The main purpose for why the children come to the Center is because they are given a chance to express themselves, learn the responsibility of schoolwork, and grow to a blossoming young adult with a right sense of direction. And it is our duty to make every child that comes here be the best that they can possibly be.

There are many activities and groups that navigate within the Haverstraw Center. We have Girls Group, Boys Group, from elementary, middle, to high school. We also have activities for the younger kids too.

One such group that I am personally in is Self Expressions. 'Self Expressions,' is a group that helps young adults understand themselves in a positive light, while talking or letting out their emotions, thoughts, and feelings in various ways. Poems, writings, talking out, and even made videos are concluded within Self Expressions. Anything that can help our young adults

understand the true definite meaning of expressing.

As for myself, I have created a piece of work that I have been conducting for quite some time with Pete and Randy. I used this file called "Pro-Show Producer," basically it's a way to help any type of a work you produce be created into an accomplished masterpiece. Mine however has background music to fit the tone of my poem and the emphasis of my speech.

Personally I feel like it's a great idea to have young adults join this group to express themselves in innumerate ways. It helps them and allows those around them to

understand them better. Especially when this time of their life can be a very fragile stage where anything around them can easily influence and alter them errantly.

I enjoy working at the Haverstraw center; I think it's a great job to look forward to when you want to help others around you. We have an excellent, reliable staff that works with our kids' everyday. And we always have continuous activities to keep our youth occupied everyday. The Haverstraw Center is possibly one of the best centers that your child would love to look forward to coming to.

Self Expressions is for youth ages 13-18.