

Haverstraw Center News

Issue 10

OCTOBER 2014

Village of Haverstraw/Haverstraw Center

Special points of interest:

- HAVERSTRAW CENTER offers many programs free of charge
- COUNSELING for help with: alcohol, tobacco and other drug use, family problems, boy-friends/girlfriends, school
- RECREATION and homework help
- FAMILY ACTIVITIES
- SUMMER CAMP

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Rockland County Executive Ed Day/Commission on Behavioral Health

Rockland County is beginning an exciting community behavioral health initiative and we need your help!

The County Executive's Commission on Community Behavioral Health was appointed by County Executive Ed Day in August 2014 as a way to learn about and therefore better meet the behavioral health needs of Rockland County residents. To that end, the Commission's purpose is to conduct a County-wide community behavioral health needs assessment. Based upon the results of

this needs assessment, the County will re-design the county-wide behavioral health service delivery system to improve and maximize the services to our residents.

In order to gain both a broad and deep picture of Rockland's behavioral health needs, the assessment involves the use of surveys, small group/focus group meeting, and one on one interviews with key members of the community. Please be aware that when we speak about behavioral health, we are including needs and services for those

with developmental disabilities, mental health problems/mental illness, and/or alcohol and other drug abuse treatment and/or prevention-related issues.

Please complete the survey on-line. If you are a provider: www.surveymonkey.com/s/RCCBHAP. If you are a community member: www.surveymonkey.com/s/RCCAS. If you are a consumer: www.surveymonkey.com/s/RBHConsumer.

Thank you for your assistance.

LITERACY ZONE RESOURCE WELCOME CENTER

Literacy Volunteers of Westchester and Rockland County has begun its new schedule of classes, at capacity, offered at the Haverstraw Elementary School at 16 Grant Street, Haverstraw. On Monday and Wednesday, the classes meet from 6—9 pm for ESOL—English for Speakers of Other Languages, speaker of Spanish in particular, with very limited or no English speaking skills. Tuesday and Thursday classes are offered for ESOL for those with intermediate English as well as job readiness class. All classes are FREE! Free childcare is also available.

For additional information please call Gricelda Serrano

at (914) 325-8224 or Ana Diaz at (917) 520-1736. Information may also be gathered at the Haverstraw Center, second floor.

Watch for updates as Literacy Volunteers of Westchester and Rockland Counties changes its name in the near future to Literacy Solutions, that better reflects the many services they offer to the communities that they serve.

Literacy Zone—Helping you towards a brighter future.



The Village of Haverstraw FARMERS' MARKET

The Village of Haverstraw Farmers' Market comes to a close at the end of this month. Emily Dominguez, Village Trustee, said that the market enjoyed steady customers who came weekly for the great fresh produce and ability to use EBT.

Once again, thank you to the Rockland County Department of Health, Creating Healthy Places grant for making this possible.



MONTHLY YOUTH CELEBRATION "Caught Being Good"

SAVE THE DATE!

STRENGTHENING FAMILIES PROGRAM

This 6-week program will provide you with the tools that will put you and your family on the path towards making your dreams come true.



FREE! FREE! FREE! FREE!

- Dinner with your family
- Babysitting for younger siblings
- Parent/Guardian sessions
- Youth sessions
- Information on communication, peer pressure, expectations, clearer rules

HVERSTRAW CENTER

50 West Broad Street
Behind the Knights of Columbus Building

Thursdays
10/2–11/6/2014
6:00 PM–8:30 PM

To register, call:
845.429.5731

The first Monthly Youth Celebration for the new school year took place in the gymnasium on September 29th. This event included recognition of those youth who have been "Caught Being Good" at the Haverstraw Center as well as birthdays celebrated in July, August and September. Parents were invited to attend to learn about the many programs offered at the Center and enjoyed a light supper with yummy birthday cake for dessert.

Each time a youth is nominated for "Caught Being Good", his/her name is placed in the hat for a drawing of prizes. Most months the prizes are \$10.00 gift certificates to McDonald's in hopes that the youth will make healthy choices when they redeem their prize. Sometimes the prize is a donation from a local business and some months the Town of Haverstraw makes a generous donation of tickets to one of their Youth Board sponsored trips. Haverstraw Cen-

ter's very special Kevin Jones does the honors of drawing the names.

This month the Rockland County Department of Health gave a presentation on lead poisoning.

The September nominees are:

September 11th

Mariyah Cousar, Allison Hernandez, Brian Molina, Kenie J Nazario, Melissa Quinones, Chris Sand, Jisel Wallace

September 18th

Kaily Cano, Aiyanna Feria, Jorny Gomez, Angie Hemmings, Allison Hernandez, Matt Miceus, Bryan Taveras, Jisel Wallace

CONGRATULATIONS!!!

Happy July, August, September Birthday to:

Lilliana Gomez, Peggy Koval, Edwendy Lopez, Lesley Ramos and Miguel Hernandez

Shine the Light on Domestic Violence
Wear PURPLE on to show your support

Purple is the color chosen to help spread awareness of domestic violence, so you might be seeing purple everywhere: purple ribbons, purple clothing, and purple lights, to name a few. What good does awareness do? Wear a purple ribbon and when someone asks why, tell them: ☞ Nearly one in four women in the US reports experiencing violence by a current or former spouse or boyfriend at some point in her life. ☞ Almost half the women murdered in NYS are killed by their intimate partner. It's likely that someone you know has been, or will be, a victim of domestic violence. It's not always physical; it's one person's use of tactics to control another person in an intimate relationship. It can take the form of emotional, verbal, financial or sexual abuse. Domestic violence affects us all—women, men, and children. Take a stand against domestic violence. Take one purple step and **WEAR PURPLE ON** October 15, 2014.

Information from the
Center for Safety & Change.
24-hour Hotline 845.634.3344



HVERSTRAW CENTER HIGHLIGHTS

- Prevention Counseling Services
- Monthly Youth Celebration
- Caught Being Good Recognition
- Straight to the Top
- After School Homework Help
- Girls' Clubs
- Girls' Circle
- Boys' Clubs
- IMPACT
- LifeSkills Program
- Teen Intervene
- Teen Advisory
- Teen Group
- Strengthening Families Program
- Self-Expressions
- Girl Scouts
- Haverstraw Community Garden
- Haverstraw Collaborative
- Summer Camp
- Recreation
- Adult basketball
- Project S.H.I.F.T.
- A Call to Action
- Anger Management
- Unity in the Community
- Focus Study Groups: Hunger, Teen Pregnancy, Immigration, Community Health Issues
- MORE!!**

October is National Substance Abuse Prevention Month

By providing strong support systems for our loved ones, and by talking with our children about the dangers of alcohol and other drugs, we can increase their chances of living long, healthy, and productive lives. During National Substance Abuse Prevention Month, we celebrate those dedicated to prevention efforts, and we renew our commitment to the well-being of all Americans. *Barack Obama*

RED RIBBON WEEK 10/23/14—10/31/14

LOVE YOURSELF—BE DRUG FREE

In its 29th year as the nation's largest and oldest drug prevention campaign, Red Ribbon Week® reaches 80 million people each year throughout the United States.

The Red Ribbon Campaign® was started when drug traffickers in Mexico City murdered DEA agent Kiki Camarena in 1985. This began the continuing tradition of displaying Red Ribbons as a symbol of intolerance towards the use of drugs. The mission of the Red Ribbon Campaign® is to present a unified and visible commitment towards the creation of a DRUG-FREE AMERICA.

OCTOBER IS NATIONAL BULLYING PREVENTION MONTH

Bullying is not just “kids being kids.” It can have a damaging impact on children, families and communities. As adults we can help by taking this pledge:

*I will speak up—I will take a stand about this issue, even before it touches my friends and family, so everyone knows I take it seriously.

*I will advocate-I will advocate for children, both my own and others in need of my help.

*I will be a role model-I will show kids how to deal with conflicts by setting the standard with my own behavior.

*I will be a partner—I will work with schools, parents, caretakers, coaches and others working hard to stop bullying-especially if they report my child is involved.

Bullying makes every day hard. It makes people feel isolated, unimportant and afraid to go to school. I have the power to stop bullying by getting involved and by taking the youth pledge:

*I will speak up-I will take a stand when I see kids humiliating or hurting each other. I will talk about bullying with my friends and adults in my life, so everyone knows I think it’s wrong.

*I will advocate-I will stick up for others who might be in need of my help, and not just my closest friends.

*I will be a role model-I will not use my phone or computer to spread rumors or say hateful things, and I won’t ignore it when others are cruel and intimidating.

Bullying makes kids want to be invisible. We can show them, through our actions, that we see them, we are listening and that they can count on us to make their lives better.

PICTURES/ART EXHIBIT/GIRL SCOUTS STEM PROGRAM



HAVERSTRAW COLLABORATIVE HIGHLIGHTS

The Haverstraw Collaborative consists of agencies who meet the first Wednesday of every month from 12:00 noon until 2:00 PM to discuss issues and ideas that affect the North Rockland Community and the Village of Haverstraw in particular. The Haverstraw Collaborative was founded in 2001 for the purpose of all community-based organizations serving the children, youth, elders, adults and families of Haverstraw to meet monthly in a spirit of non-partisanship and cooperation which is reflected in the Mission Statement.

The September agenda included began with a delightful lunch and a “Farewell To Peggy” tribute with good wishes on her upcoming retirement. An introduction of the 43 attendees, a warm welcome by Collaborative Chair and director of the Haverstraw Center Marion E. Breland, and a delicious cake was shared by all.

This month’s Collaborative became an important part of the new County Executive’s

Commission on Behavioral Health as all attendees were involved as a focus group. Responding to the immediate needs of the community, mental health services are being established in Haverstraw with an office in the Haverstraw Center in the very near future.

October was proclaimed Hunger Awareness month by Ed Day at a press conference at People To People and information was shared about county initiatives.

Sub-committees offered their reports including more information on the upcoming Senior, Senior Breakfast to be offered on Friday, October 17th from 10—11:30 am at the Coptic Church in Stony Point. FREE!!

As the concluding agenda item, agencies offered updates and planned events.

The next meeting is scheduled for the first Wednesday of the month, October 1, 2014 from 12:00 noon until 2:00 PM.

The Teen Pregnancy Subcommittee will resume meeting in November at the Center.

The Senior/Senior Prom Committee will meet at the Central Presbyterian Church in Haverstraw on Wednesday, October 8, 2014 at 3:00 PM. Please contact Tim Sanders at 845.429.5731 x 16 if you are interested in assisting.

NRG and the Haverstraw Center

Tim Sanders has been very active in getting the youth in his groups engaged with many projects along the beautiful waterfront. One such program is to introduce the youth to the power plant and how NRG provides energy to our homes. The youth enjoyed a tour of the facility, created a habitat for “bugs and critters” along the river and participated in the Keep Rockland Beautiful clean up in conjunction with the Haverstraw RiverArts Festival on September 20, 2014. Future tours are being made available to connect youth and the environment.



HALLOWEEN PARADE

On October 31st, meet at the Haverstraw Center at 6:30 pm for a costume parade through the Village of Haverstraw. Light refreshments will be served.

For more information, contact Tanya Soto at 845-429-5731 ext 17.



Village of Haverstraw/Haverstraw Center



**WEAR PURPLE:
Domestic
Violence
Awareness Day
October 15,
2014**

**6/9 -10/26/2014
9:00 AM—1:00 PM
HAVERSTRAW
FARMERS' MARKET**
On Maple Avenue in
Front of Village Hall
(Every Sunday through October)

50 West Broad Street
Haverstraw, NY 10927

Phone: 845.429.5731
Fax: 845.429.5796
E-mail: CommunityCenter@VoHny.com
Marion E. Breland, Director



The Haverstraw Center Mission Statement

The Haverstraw Center serves all residents of the Village of Haverstraw by providing and hosting high-quality, comprehensive services for youth, families, adults and elders, promoting the health, safety, and well-being of community residents of all ages, and raising the quality of life for all people of our diverse community in a spirit of non-partisanship and cooperation.



We're on the WEB!
http://www.voh-ny.com/dept_youth.htm

October Special Events and Notable Days

- 10/1 Haverstraw Collaborative NOON
- 10/1 RCDOH FREE HIV Test 2—5 PM
- 10/1 Parent's Group 6—8 PM
- 10/2 Strengthening Families (session #1)
- 10/5 Do Something Nice Day
- 10/5 Farmers' Market 9 AM—1 PM
- 10/9 Strengthening Families (session #2)
- 10/9 Fire Prevention Day
- 10/14 Farmers' Market 9 AM—1 PM
- 10/13 Columbus Day (CLOSED)
- 10/16 Strengthening Families (session #3)
- 10/15 WEAR PURPLE
- Shine the Light on Domestic Violence
- 10/15 RCDOH FREE HIV Test 2—5 PM
- 10/16 Bosses Day
- 10/19 Farmers' Market 9 AM—1 PM
- 10/22 Monthly Youth Celebration
- 10/23 Strengthening Families (session #4)
- 10/24 United Nations Day
- 10/26 LAST Farmers' Market of the season 9AM—1 PM
- 10/30 Strengthening Families (session #5)
- 10/31 Halloween Parade

OCTOBER CELEBRATES:

- Breast Cancer Awareness
- Domestic Violence Awareness
- National Diabetes Month
- National Vegetarian Month
- National Bullying Prevention Month
- National substance Abuse Prevention Month



Red Ribbon Week 10/23—10/31

Haverstraw Center Schedule/OCTOBER

(Subject to change)

Location	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/ SUNDAY
Computer Room	Homework Help 3:00 PM—6:00 PM	Homework Help 3:00 PM—6:00 PM	Homework Help 3:00 PM—6:00 PM	Homework Help 3:00 PM—6:00 PM	Homework Help 3:00 PM—6:00 PM	
Game Room	3:00 PM—6:00 PM	3:00 PM—6:00 PM	3:00 PM—6:00 PM	3:00 PM—6:00 PM	3:00 PM—6:00 PM	
Multi-purpose Room	Homework Help 3:00 PM—6:00 PM Back to Basics 7:00 PM—9:30 PM	Homework Help 3:00 PM—6:00 PM	Homework Help 3:00 PM—6:00 PM Salvation Army 6:00 PM—8:00 PM	Homework Help 3:00 PM—6:00 PM RPCC Support 6:00PM-8:00PM	Homework Help 3:00 PM—6:00 PM	
Gymnasium	Open Gym 3:00 PM—6:00 PM Adult Basketball 8:00 PM—10:00 PM	Open Gym 3:00 PM—5:00 PM JUMP 6:00 PM—7:30 PM	Open Gym 3:00 PM—6:00 PM Salvation Army 6:00 PM—8:00 PM 35 & Over Basketball 8:00 PM—10:00 PM	Open Gym 3:00 PM—6:00 PM Adult Basketball 8:00 PM—10:00 PM	Open Gym 3:00 PM—6:00 PM TEEN Night 6:00 PM—9:00 PM	SATURDAY Sharp Shoot- ing Academy Co-ed Middle School Youth 9:00 AM— 12:00 NOON Steve's Basketball 12:00 NOON — 2:30 PM
Conference Room	Homework Help 9th—12th grade 3:00 PM—5:00 PM	Homework Help 9th—12th grade 3:00 PM—5:00 PM Clinical Staff Meeting 12:00 noon—2:00 PM	Homework Help 9th—12th grade 3:00 PM—5:00 PM	Homework Help 9th—12th grade 3:00 PM—5:00 PM Staff Meeting 12:00 noon—2:00 PM	Salvation Army 12:00 —4:00 PM	
Group Room	Self-Expressions/ Anger Management 5:00 PM—7:00 PM	Girls Scouts 3:45 PM—5:00 PM Ages 8—14 Project S.H.I.F.T. 6:00PM—8:00PM	Girls Club 3:30PM-5:00PM Grades 7 & 8	Teen Group (9th—12th grade) 4:00 PM—5:00 PM	Life Skills 4:00 PM—5:15 PM Boys ages 11—14	
Art Room					So You! Sewing Club 3:30 PM—5:30 PM	
Kitchen			RCDOH Health Insurance Assistance 3:00 PM—6:00 PM			
Counseling Room	By Appointment	By Appointment	By Appointment	By Appointment	By Appointment	
Other		Smoker's Aftercare		Butts Out		