



Haverstraw Center News

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Village of Haverstraw/Haverstraw Center

Haverstraw Summer Camp

Special points of interest:

- **Haverstraw Center offers many programs free of charge (See schedule)**
- **Counseling for help with: alcohol, tobacco and other drug use, family problems, boy-friends/girlfriends, school**
- **Recreation and home-work help**
- **Family Activities**

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Registration is well underway for the Village of Haverstraw Summer Camp Program. Applications are available at the Village website <http://www.voh-ny.com/Applications&Forms/140310-Camp%20Application%20English.pdf> or at Village Hall located at 40 New Main street, Haverstraw.

Camp fees are \$400.00 per child for Village Residents. Non-residents will pay \$575.00 per child. Payment is due at registration. Any resident who is eligible for free or reduced lunch must provide proof from the school district to receive a discount on camp fees. Refunds will be issued in the event your child has to attend summer school, but proof is re-

quired.

Camp begins Monday, July 7, 2014 and ends Friday, August 15, 2014. A talent show and barbecue at the beautiful Bowline Park, courtesy of the Town of Haverstraw will be held on August 15th. The camp day begins at 9:00 AM and ends at 3:00 PM. An "after camp" program is available this year with an additional cost of \$100 for the six week program. If you are late in picking up your child, a fee of \$10.00 will be charged.

The camp day begins with a light breakfast and sign in. The day's activities will be discussed, proving to be something exciting. A cold lunch will be provided daily. Wednesdays are trip days and all excursions are

included in the camp fee.

Camp activities will be enjoyed in house at the Haverstraw Center two days a week. Other activities will find the campers enjoying swimming at Rockland Lake State Park or Bowline Town Pool. There will be bowling and trips to the movies. The big trips will be to "The Castle", Rye Playland, a Rockland Boulders game and Splashdown Water Park.

Camp is open to youth ages six through fourteen and is open to the first 175 children who apply.

Returning Camp Director Esteban Diaz looks forward to another exciting summer with the kids.



Haverstraw Community Garden Celebrates Fifth Season

The Village of Haverstraw Community Garden is seeking a volunteer garden coordinator to oversee operations in the garden. Duties will include but are not limited to enforcement of the rules, emailing fellow gardeners on the state of the garden as well as upcoming events such as pot luck dinners or BBQs, and encouraging all to share in the work and decision-making of the garden.

Other volunteer opportunities include a "grounds leader" who organizes workdays to make sure

that paths, common areas, hoses, fences, compost, etc. are in order; "social/education leader" help set up workshops and connect new and experienced gardeners with a buddy program, as well as assist with organizing and publicizing the potlucks and other parties in the garden; "translators" are important as interpreters during events, liaisons throughout the season, and with translating signs, mailings, etc.; "security leader" works on strategies to minimize theft and vandalism.

Thank you to the Creating Healthy Places Grant for their continued support.

Please refer to the community garden link on the Village of Haverstraw website for information, announcements and applications.



THE HAVERSTRAW
COLLABORATIVE
PRESENTS:



THE SENIOR/SENIOR PROM

On May 2, 2014 from 4:00 PM-6:00 PM the "seniors" of our community are invited to attend a "Senior Prom" at the Central Presbyterian Church. The theme is "WACKY PROM FASHIONS" and the youth from the Haverstraw Center will serve as models along with some very important people including County Executive Ed Day! There is no charge for this event and the "seniors" will enjoy a delicious meal, entertainment and dancing to the "Big Band Sound" with DJ John Lima.

**MONTHLY YOUTH CELEBRATION/
CAUGHT BEING GOOD**

The Monthly Youth Celebration which would have taken place on Wednesday April 30th, was cancelled due to the weather. This event includes recognition of those youth who have been "Caught Being Good" at the Haverstraw Center as well as birthdays celebrated that month.

Each time a youth is nominated for "Caught Being Good", his/her name is placed in the hat for a drawing of prizes. Thank you to Kevin Jones for doing those honors every month. Most months the prizes are \$10.00 gift certificates to McDonald's in hopes that the youth will make healthy choices when they redeem their prize. Sometimes the prize is a donation from a local business and some months the Town of Haverstraw makes a generous donation of tickets to one of their Youth Board sponsored trips.

Happy Birthday to Assistant Director of Youth and Family Services, Pete Fata!

UNITY IN THE COMMUNITY

Beginning April 14 and running through April 16, during the North Rockland Central School District's spring recess, the Haverstraw Collaborative sponsored "Unity in the Community" at the Haverstraw Center. This special program offered the children of the community an opportunity to attend recreational activities, educational workshops and other programs presented by members of the Haverstraw Collaborative and various organizations throughout the county at no cost. Running from 11 am to 6 pm daily, some of the highlights were workshops on nutrition, arts and crafts, healthy relationships, goal setting, media literacy, fire safety, yoga, nutrition, dangers of tobacco and numerous sports programs. Approximately 80 children participated in this free program where they were also provided with lunch and snacks. Many also assisted with the "Great American Clean-up," attended the Town Hall Meeting on Underage Drinking and went bowling at Hi-Tor Lanes.

TEEN BASH/ALL NIGHTER



What a night!! For teens who have North Rockland Central School District identification, this was the spring break teen bash to attend.

The party began at 6:30 pm on April 17th with dancing to DJ A-One. The equipment alone made one happy to be there. There was food and dancing and conversation with about 100 teens in attendance. But the party didn't end at midnight! Those with parental permission stayed to the wee hours of the morning—yes 5:30 am!!! to enjoy basketball, foosball and more eating. Well supervised with a vast number of volunteers and staff, this could not have taken place without the assistance of Louis and Frances Gomez, Thank you!!

Memorial Day/2014



A federal holiday now celebrated on the last Monday in May, Memorial Day is a day dedicated to remembering men and women who died while serving their country. Formerly known as Decoration Day, it originated after the American Civil War to honor the Union and Confederate Soldiers who died in the Civil War with the tradition of cleaning cemeteries and decorating the graves with flowers and American Flags.



Today, parades and watchfires mark this holiday, but many recognize it as the start of the summer vacation season. For others it is the tradition of watching the Indi-

anapolis 500 auto race.

Rockland County remembers the more than one million men and women who gave their lives in service of their country by holding watchfires. Hosted by Viet Nam Veterans of America, Chapter 333, the local watchfire will be held at Bowline Point Park with a solemn ceremony beginning at 11:30 PM. The fire will be lit at midnight and is burned and maintained for 24 hours.

“The Village of Haverstraw Just Got Healthier!” Corner Store/Bodega Project (Creating Healthy Place to Live, Work, and Play

BRAVO! Congrats/felicidades go out to five small business owners in the Village of Haverstraw for a job well done. Garcia’s, Hershey’s Pantano’s, MiBandara’s, and MiTierra market are participating in the new York State Department of Health and the Rockland County Department of Health grant, **Creating Healthy Places to Live, Work, and Play** by offering and promoting a larger variety of healthier foods for their customers. All are now stocking fresh fruits and vegetables, 1% and/or skim milk, whole wheat bread and other whole grain products, unsweetened beverages like bottled water, and an array of healthier snack foods, such as nuts and seeds.

The next time you are in the Village of Haverstraw, consider stopping by one of three friendly neighborhood

sores to see what is new and healthy to eat:

☞ **PANTANO’S** (9 Westside Avenue) offers delicious, nutritious roasted fresh vegetables plus a baked eggplant parmesan entrée. *A great low fat lunch!*

☞ **GARCIA’S** (67 Broadway) has juicy, mouth watering, tasty mangoes at the check-out counter. *Full of beta-carotene for your eyes and skin!*

☞ **HERSHEY’S** (167 Broadway) has a huge selection of grab & go heart healthy snack packs of nuts, seeds and dried fruit. *Full of protein—gives you a boost of energy!*

☞ **MITIERRA’S MARKET** (1 New Main Street) carries whole grain products like whole wheat bread, brown rice, and oatmeal that are

filled with fiber. *Fiber fills us up and helps keep us moving!*

☞ **MIBANDERA** (175 Broadway) has a variety of dried and canned beans, including heart healthy low sodium beans. *Beans are a great economical source of protein and keep us strong!*

Eating nutritious foods and exercising daily will help you and your family to live a long, happy, healthy life! **Bon appétit!**

(Thank you to Pat Parke and Michelle Kleinman, Rockland County Department of Health for this informative article.)



SAFE HAVEN

HAVERSTRAW COLLABORATIVE HIGHLIGHTS

The Haverstraw Collaborative consists of agencies who meet the first Wednesday of every month from 12:00 noon until 2:00 PM to discuss issues and ideas that affect the North Rockland Community and the Village of Haverstraw in particular. The Haverstraw Collaborative was founded in 2001 for the purpose of all community-based organizations serving the children, youth, elders, adults and families of Haverstraw to meet monthly in a spirit of non-partisanship and cooperation which is reflected in the Mission Statement.

The April agenda included an inspirational reading that offered “Nine Principles for Positive Change”. A tasty lunch was served while introduction of the 45 attendees was made. Marion Breland, director of the Haverstraw Center and chair of this Collaborative, welcomed guest speaker Maryanne Ferrara of the RC Department of Health who gave a powerpoint presentation on *E-Cigarettes*. Vivienne England presented on *Leadership Rockland 2014*, inviting emerging

leaders in Rockland County to participate in this opportunity to help build a better Rockland County for all. Headstart and Early Headstart programs were presented by Andrea Fermin and Judith Malo who talked about the many programs, offering much more than “childcare”.

Updates were given by the subcommittees on: Immigration Advocacy, Drug Prevention, Food and Nutrition, Parental Involvement, Teen Pregnancy as well as updates on Unity in the Community, the Senior, Senior Prom and the Literacy Zone.

At the conclusion of the meeting, agencies circulated flyers and/or information about upcoming events.

The next meeting is scheduled for the first Wednesday of the month, May 7, 2014. This will be a Collaborative Retreat and will take place from 10:00 AM until 2:00 PM. The place is yet to be determined.

Please call 845.429.5731 x 32 to confirm your attendance.

On April 30, 2014 the Haverstraw Center hosted a discussion and information session on New York’s Abandoned Infant Protection Act and Infant Safe Havens in Rockland County. Facilitated by Ronald Figueroa, Coordinator of Community Resources and Staff Development at the Department of Social Services, the attendance was large as the subject is so important to the many agencies represented. The panel discussion moderated by Sister Fran Gorsuch of Good Samaritan Hospital raised many questions answered by Gricin Cumbo, Lori Mazzella, Jennifer Parretti, Jill Stoll and Radhika Nagubandi. For additional information contact InfoRock at 845.364.2020 between 9 am and 5 pm, Monday through Friday. After hours, contact the Sheriff’s Department at 845.638.5400 and ask for the DSS on-call worker.

Village of Haverstraw/Haverstraw Center



**Save the
Date**

50 West Broad Street
Haverstraw, NY 10927

Phone: 845.429.5731
Fax: 845.429.5796
E-mail: CommunityCenter@VoHny.com
Marion E. Breland, Director

The Haverstraw Center Mission Statement

The Haverstraw Center serves all residents of the Village of Haverstraw by providing and hosting high-quality, comprehensive services for youth, families, adults and elders, promoting the health, safety, and well-being of community residents of all ages, and raising the quality of life for all people of our diverse community in a spirit of non-partisanship and cooperation.



**33rd Annual Youth
Forum and Awards
Night**
May 8, 2014
6:30pm—9:30pm
Nyack Seaport
\$42.00/person
Youth Forum Business Award
UNION RESTAURANT

We're on the WEB!
http://www.voh-ny.com/dept_youth.htm

May Special Events and Notable Days

5/1 May Day
5/2 Senior/Senior Prom
5/5 Cinco de Mayo
5/7 Haverstraw Collaborative Retreat 10—2
5/7 RCDOH Insurance Assistance
5/7 Spanish Speaking Parents' Group
5/8 V-E Day
5/8 Nyack Seaport Youth Forum Awards
5/11 Mother's Day
5/14 RCDOH Insurance Assistance
5/16 Wear Purple for Peace Day
5/16 FREE HIV Testing
5/17 Armed Forces Day
5/19 Hepatitis Test Day
5/26 Memorial Day (Center CLOSED)
5/31 Save Your Hearing Day
5/31 World NO Tobacco Day

MAY CELEBRATES:

Date Your Mate Month
Foster Care Month
National Barbecue Month
National Photograph Month
National Blood Pressure Month
National Recommitment Month
National Salad Month
Older Americans Month
Nurse's Week
Wildflower Week
National Bike Week
National Police Week
Emergency Medical Services Week
Hepatitis Awareness Month

Haverstraw Center Schedule/MAY

Schedule Subject to Change

Location	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/ SUNDAY
Computer Room	Homework Help 3:00 PM—6:00 PM	Homework Help 3:00 PM—6:00 PM	Homework Help 3:00 PM—6:00 PM	Homework Help 3:00 PM—6:00 PM	Homework Help 3:00 PM—6:00 PM	
Game Room	3:00 PM—6:00 PM	3:00 PM—6:00 PM	3:00 PM—6:00 PM	3:00 PM—6:00 PM	3:00 PM—6:00 PM	
Multi-purpose Room	Homework Help 3:00 PM—6:00 PM Boys' Group 4:15 PM—5:15 PM Back to Basics 7:00 PM—9:30 PM	Homework Help 3:00 PM—6:00 PM	Homework Help 3:00 PM—6:00 PM Literacy Zone 6:30 PM—9:30 PM	Homework Help 3:00 PM—6:00 PM RPCC—SUPPORT Program 6—8PM	Homework Help 3:00 PM—6:00 PM	
Gymnasium	Youth Basketball 3:00 PM—6:00 PM Steve's Basketball 7:00 PM—10:00 PM	St. Agatha Fitness 9-11AM; 12-2 PM Youth Basketball 3:00 PM—6:00 PM JUMP 6:00 PM—7:30 PM	St. Agatha Fitness 9:00 AM - 11:00 AM College Basketball 12:00—2:00 PM Youth Basketball 3:00 PM—6:00 PM	St. Agatha Fitness 9-11AM; 12-2 PM Open Gym 3:00 PM—6:00 PM Adult Basketball 7:00 PM—9:00 PM	St. Agatha Fitness 9-10AM; 12-2 PM College Basketball 12:00—2:00 PM Youth Basketball 3:00 PM—6:00 PM	SATURDAY Sharp Shooting Academy Co-ed Middle School Youth 9:00 AM—12:00 PM Steve's Basketball 12:00 PM— 2:30 PM
Conference Room	Open Arms Meeting 4:00 PM—5:00 PM	Clinical Staff Meeting 12:00 noon—2:00 PM	RCDOH Health Insurance Assistance 3:00 PM—6:00 PM	Staff Meeting 12:00 noon—2:00 PM	Salvation Army 12:00 PM—4:00 PM	SUNDAY Jason's Basketball 7:00 PM—8:30 PM
Group Room	Girl Scouts 3:30PM-4:45PM (Girls ages 8—14) Project SHIFT Anger Management 5:00 PM—6:30 PM Literacy Zone 6:30 PM—9:30 PM	Project S.H.I.F.T. 5:00 PM—7:00 PM	Girls Club 3:00PM-5:00PM Grades 7 & 8 Project S.H.I.F.T. 6:00PM—8:00PM	High School Teen Group 2:30 PM—4:00 PM	CASA 4:30 PM—6:30 PM	
Art Room	Art with George 3:30 PM—5:30 PM	Art with George 3:30 PM—5:30 PM	Art with George 3:30 PM—4:30 PM CASA 4:30 PM—6:30 PM	It's In The Bag 4:00 PM—6:00 PM RPCC-Support 6:00PM—8:00PM	CASA 4:30 PM—6:30 PM	
Kitchen						
Counseling Room	By Appointment	By Appointment	By Appointment	By Appointment	By Appointment	
Other		Smoker's Aftercare	Life Skills HS Ext 11	Butts Out		

