

Haverstraw Center News

Volume 2, Issue 1

February 2013

Village of Haverstraw/Haverstraw Center

Marion E. Breland and Mayor Michael Kohut Receive Legacy Award

As the monthly meeting of the Haverstraw Collaborative proceeded, Denise Hogan of POW'R Against Tobacco asked those in attendance if they would consider working together to eradicate the blatant advertising of cigarettes that takes place in many of the Village's bodegas who place their displays in prime site locations.

Marion E. Breland, chair of the Collaborative and Director of Youth and Family Services for the Village of Haverstraw believed that this was exactly the type of issue the Collaborative and the Haverstraw Center should focus on. With facts in hand and a strong determination, Ms. Breland took this concern to the Mayor. Against the advice of the village attorney not to proceed with enacting a ban, the Mayor and the Village Board were the first in the country to pass such an ordinance. Unfortunately, from the pressure

of the powerful and wealthy tobacco industry who filed a lawsuit against the Village, the board rescinded the ordinance. But, many of the Village bodega owners still recognized the importance of the original legislation and have been voluntarily following the direction of these great community leaders to keep tobacco products out of sight.

On January 15, 2013, the Rockland County Legislature presented the *Legacy Community Activist Award* to Mayor Kohut and Marion E. Breland in a proud moment for the entire county.

Legacy helps people live longer, healthier lives by building a world where young people reject tobacco and anyone can quit. Legacy's proven-effective and nationally recognized public education programs include truth®, the national youth smoking prevention campaign that has

been cited as contributing to significant declines in youth smoking; EX®, an innovative public health program designed to speak to smokers in their own language and change the way they approach quitting; and research initiatives exploring the causes, consequences and approaches to reducing tobacco use. Located in Washington, D.C., the foundation was created as a result of the November 1998 Master Settlement Agreement (MSA) reached between attorneys general from 46 states, five U.S. territories and the tobacco industry. To learn more about Legacy's life-saving programs, visit www.LegacyForHealth.org.

<http://www.LegacyForHealth.org>

Congratulations to Marion E. Breland, Mayor Michael Kohut and the Village of Haverstraw Board of Trustees!!!!

Special points of interest:

- HAVERSTRAW CENTER offers many programs free of charge (See schedule)
- COUNSELING for help with: alcohol, tobacco and other drug use, family problems, boy-friends/girlfriends, school
- RECREATION and homework help
- FAMILY ACTIVITIES

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MONTHLY YOUTH CELEBRATION/CAUGHT BEING GOOD

The Monthly Youth Celebration took place on Wednesday January 30th. This event includes recognition of those youth who have been "Caught Being Good" at the Haverstraw Center as well as birthdays celebrated in December and January. Frankie Vazquez and Pete Fata prepared baked ziti and salad which was enjoyed by all. Youth volunteers helped to serve and clean up.

This month's celebration focused on New Year's resolutions. The youth were asked to write down what they will try hard to accomplish over the next six months. At the June celebration, the envelopes will be opened and re-read to see how many met their goals.

Every monthly youth celebration also acknowledges those youth who were caught being good at the Center. Each time a youth is nominated for "Caught Being Good", his/her name is placed in the hat for a drawing of prizes. Most months the prizes are \$10.00 gift certificates to McDonald's in hopes that the youth will make healthy choices when they redeem their prize. Some-

times the prize is a donation from a local business and some months the Town of Haverstraw makes a generous donation of tickets to one of their Youth Board sponsored trips.

Those who received certificates this month were:

November 29

Angie Hemmings, Wendy Pierre-Jean, Sergio Perez, Nikita Sisco, Ashley Tavarez, Jerrie Thifault, Krystle Torres

December 6

Alex Bautista, Angie Hemmings, Adriana Orantes, Ann Pierre-Jean, Wendy Pierre-Jean, Jayzon Quinones, Roger Harris, Anthony Rutherford, Nikita Sisco, Kiarra Toussaint, Anai Wilson

December 13

Kavaughn Chisholm, Nakwon Harris, Anabel Lopez, Osmeiry Santana, Krystle Torres, Tattianna Wallace

January 3

Caroline Alcantara, Kwani Harris, Essence May, Marcus Rodriguez, Rolanda Sand, Jerrie Thifault, Krystle Torres, Christian Veras, Dovonte West

January 10

Teresa Alvarado, Kaily Cano, Nathaly Lopez, Ann Pierre-Louis, Chelani Rivera, Gabriel Rivera, Kiarra Toussaint

January 17

Leana Estevez, Kwani Harris, Ann Pierre-Jean, Nathaly Lopez, Osmeiry Santana, Tattianna Wallace

January 24

Leigh, Chelani Rivera, Osmeiry Santana

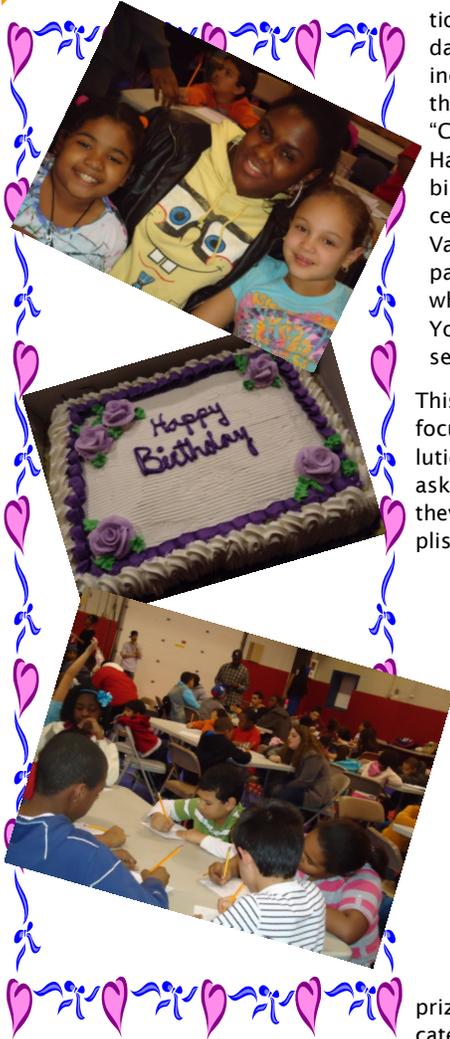
Happy Birthday to:

JANUARY

Marion E. Breland

Nikki Merriman

Jeanmarie Zubko



1 BILLION RISING STRIKE/DANCE/RISE at the Palisades Center Mall

As part of Eve Ensler's V-Day's 15th anniversary, Rockland will be part of an organizing effort to engage ONE BILLION women and those who love them to WALK OUT, DANCE, RISE UP, and DEMAND an end to the violence against women.

Thursday, February 14, 2013 at the Palisades Center Mall in West Nyack, New York, on the first floor by H & M, there will be a "flash mob" dance choreographed by Myrna

Packer. Please plan to arrive at 5:00 PM. The dance will begin at 5:30 PM as people across the globe will dance to raise awareness about violence against women.

- One in three women on the planet will be raped or beaten in her lifetime.
- One billion women violated is an atrocity.
- One billion dancing is a revolution; a global

strike, a call to women and men to refuse to participate in the status quo until rape and violence ends.

ROCKLAND IS RISING—WILL YOU BE RISING WITH US?

For more information, contact Nancy Donaghue at Center for Safety and Change at (845) 634-3391 or register online at <http://centerforsafetyandchange.org/>



True Love Chocolate Cake Recipe ~ just 238 calories/serving!



Ingredients

- 1/4 cup *butter, softened*
- 1-2/3 cups *sugar*
- 2 *eggs*
- 1/2 cup *unsweetened applesauce*
- 2-1/4 cups *all-purpose flour*
- 2/3 cup *baking cocoa*
- 1-1/4 teaspoons *baking powder*
- 1 teaspoon *salt*
- 1/4 teaspoon *baking soda*
- 1-1/4 cups *water*
- 1 cup (6 ounces) *semisweet chocolate chips*
- **FROSTING:**
- 1 package (8 ounces) *reduced-fat cream cheese*

- 1/3 cup *confectioners' sugar*
- 1 teaspoon *vanilla extract*
- 1 carton (8 ounces) *frozen reduced-fat whipped topping, thawed*

TOPPING:

- 3/4 cup *flaked coconut*
- 1/2 cup *candy hearts*

Directions

- In a large bowl, beat butter and sugar until crumbly, about 2 minutes. Add eggs, one at a time, beating well after each addition. Beat in applesauce.
- Combine the flour, cocoa, baking powder, salt and baking soda. Add to the butter mixture alternately with water, beating well after each addition. Fold in chips. Pour into a 13-in. x 9-in. baking pan coated with cooking spray.

● Bake at 350° for 35-40 minutes or until a toothpick inserted near the center comes out clean. Cool on a wire rack. For frosting, in a bowl, beat cream cheese and confectioners' sugar until smooth. Beat in vanilla. Fold in whipped topping. Frost cake. Refrigerate until serving. Just before serving, sprinkle with coconut and candy. **Yield:** 24 servings.

Nutritional Facts 1 piece equals 238 calories, 9 g fat (6 g saturated fat), 29 mg cholesterol, 201 mg sodium, 39 g carbohydrate, 1 g fiber, 4 g protein. Originally published as True Love Chocolate Cake in [Healthy Cooking](#) February/March 2009, p44

DRUG MARKET INTERVENTION UPDATE

The DMI team is happy to announce that we are in the midst of planning the next community meeting which will tentatively be scheduled for March. We hope to bring together community members, parents like yourself and law enforcement to talk about concerns with crime in Haverstraw and provide an update on the DMI program. We will post the date and time of the meeting in next month's newsletter.

Please stay connected to us on Facebook! (keyword: Haverstraw DMI)



HAVERSTRAW COLLABORATIVE HIGHLIGHTS

The Haverstraw Collaborative consists of agencies who meet the first Wednesday of every month from 12:00 noon until 2:00 PM to discuss issues and ideas that affect the North Rockland Community and the Village of Haverstraw in particular. The Haverstraw Collaborative was founded in 2001 for the purpose of all community-based organizations serving the children, youth, elders, adults and families of Haverstraw to meet monthly in a spirit of non-partisanship and cooperation which is reflected in the Mission State-

ment. While there was no formal presentation this month, the January agenda included an inspirational reading about the New Year, a discussion about Unity in the Community and reports from the Collaborative Sub-committees on Immigration Advocacy, Drug Prevention, Food & Nutrition, Parental Involvement and Teen Pregnancy.

At the conclusion of the meeting, agencies circulated flyers and/or information about upcoming events.

The next meeting is sched-

uled for the first Wednesday of the month, February 6, 2013 from 12:00 noon until 2:00 PM.

Please call 845.429.5731 x 10 to confirm your attendance.

PLEASE TAKE NOTE:

The Senior/Senior Prom Committee meeting will meet at the Haverstraw Center on February 13, 2013 at 12:00 noon. Bring a bag lunch.

VOLUNTEER OF THE MONTH: Brianna

Brianna is an MTS student at RCC majoring in Math and Science who comes to the Center with great compassion and wonderful skills. She has been tutoring the high school students in these subjects as well as guiding them through the

resume and/or college application process. Accepted into the accelerated masters program for chemistry education, Brianna not only wants to teach but do field work and research in environmental/geo-sciences. She rounds out her activities

with hiking and pilates/zumba classes.

She has a wonderful rapport with the staff and youth she works with. We wish Brianna well in her future endeavors!

THANK YOU!!!!



Looking ahead:
 ☞VAASA Training sponsored by C.A.N.D.L.E.
 ☞Unity in the Community Moved to Spring Recess Week
 ☞Senior/Senior Prom May 4, 2013
 Watch for details in upcoming newsletter



Village of Haverstraw/Haverstraw Center

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The Haverstraw Center Mission Statement

The Haverstraw Center serves all residents of the Village of Haverstraw by providing and hosting high-quality, comprehensive services for youth, families, adults and elders, promoting the health, safety, and well-being of community residents of all ages, and raising the quality of life for all people of our diverse community in a spirit of non-partisanship and cooperation.



Save the Date

2/14/2013
1 Billion Rising

See story on Page 2

We're on the WEB!
http://www.voh-ny.com/dept_youth.htm

February Special Events and Notable Days

- 2/1 National Freedom Day
- 2/2 Ground Hog Day
- 2/2 Teen Night
- 2/5 VAASA Training
- 2/6 VAASA Training
- 2/6 Haverstraw Collaborative NOON
- 2/6 FREE HIV Testing
- 2/11 Make a Friend Day
- 2/12 Lincoln's Birthday
- 2/13 VAASA Training
- 2/13 Ash Wednesday
- 2/14 Valentine's Day
- 2/14 ROCKLAND RISING/
Flash Mob Dance at Palisades Center Mall sponsored by Center for Safety & Change
- 2/15 FREE HIV Testing
- 2/17 Random Acts of Kindness Day
- 2/18 President's Day **CENTER CLOSED**
- 2/20 Cherry Pie Day
- 2/22 Washington's Birthday

Haverstraw Center Schedule/February

Schedule Subject to Change

| Location | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY/ SUNDAY |
|--------------------|---|--|--|--|--|--|
| Computer Room | Homework Help 3:00 PM—6:00 PM | Homework Help 3:00 PM—6:00 PM | Homework Help 3:00 PM—6:00 PM | Homework Help 3:00 PM—6:00 PM | Homework Help 3:00 PM—6:00 PM | |
| Game Room | 3:00 PM—6:00 PM | 3:00 PM—6:00 PM | 3:00 PM—6:00 PM | 3:00 PM—6:00 PM | 3:00 PM—6:00 PM | |
| Multi-purpose Room | Homework Help 2nd—6th grade 3:00 PM—6:00 PM Back to Basics 7:00 PM—9:30 PM | Homework Help 2nd—6th grade 3:00 PM—6:00 PM Hip Hop Dance 6:00 PM—7:30 PM | Homework Help 2nd—6th grade 3:00 PM—6:00 PM Boys' Council 11-14 year old 4:30 PM—5:30 PM | Homework Help 2nd—6th grade 3:00 PM—6:00 PM | Homework Help 2nd—6th grade 3:00 PM—6:00 PM | |
| Gymnasium | St. Agatha Fitness 9-10AM; 12-2 PM Senior Dancing 2:00 PM-3:00 PM Open Gym 3:00 PM—6:00 PM Adult Basketball | St. Agatha Fitness 9-10AM; 12-2 PM Youth Basketball 3:00 PM—6:00 PM JUMP 6:00 PM—7:30 PM St. Peter's CYO | St. Agatha Fitness 9-10AM; 12-2 PM Open Gym 3:00 PM—7:00 PM 35 & Over Basketball 8:00 PM—10:00 PM | Open Gym 3:00 PM—6:00 PM RPCC Support 6:00PM-8:00PM Adult Basketball 8:00 PM—10:00 PM | St. Agatha Fitness 9-10AM; 12-2 PM Open Gym 3:00 PM—9:00 PM NR Travel Soccer 8:30 PM—10:00 PM | SATURDAY Sharp Shooting Academy Co-ed Middle School Youth 9:00 AM—11:00 AM Steve's Basketball 11:30 AM—1:30 PM SUNDAY HPAL Basketball 8:00 AM—7:00 PM Jason's Basketball 7:00 PM—8:30 PM |
| Conference Room | Homework Help 9th—12th grade 3:00 PM—5:00 PM RFS Empowerment Group 6:30 PM—9:00 PM | Homework Help 9th—12th grade 3:00 PM—5:00 PM Clinical Staff Meeting 12:00 noon—2:00 PM | Homework Help 9th—12th grade 3:00 PM—5:00 PM | Homework Help 9th—12th grade 3:00 PM—5:30 PM Staff Meeting 12:00 noon—2:00 PM | Homework Help 9th—12th grade 3:00 PM—5:30 PM | |
| Group Room | Girl Scouts 3:30PM-4:45PM (Girls ages 8—15) RFS—babysitting 6:30 PM—9:00 PM | Girls Club 3:30PM—5:00 PM Grades 4, 5, & 6 | Girls Club 3:30PM-5:00PM Grades 7 & 8 Project S.H.I.F.T. 6:00PM—8:00PM | Teen Advisory (9th—12th grade) 3:00 PM—4:00 PM Teen Group (9th—12th grade) 4:00 PM—5:00 PM Self Expressions 5:30 PM—6:30 PM | | SATURDAY |
| Art Room | Homework Help 7th and 8th grade 3:00 PM—5:00 PM | RILC 10:00AM—2:00PM Homework Help 7th and 8th grade 3:00 PM—5:00 PM | RILC 10:00AM—2:00PM Homework Help 7th and 8th grade 3:00 PM—5:00 PM | Homework Help 7th and 8th grade 3:00 PM—5:00 PM | Homework Help 7th and 8th grade 3:00 PM—5:00 PM | SATURDAY |
| Kitchen | | | RCDOH Health Insurance Assistance 2:00 PM—5:00 PM | | | |
| Counseling Room | By Appointment | By Appointment | By Appointment | By Appointment | By Appointment | |
| Other | | | Smoker's Aftercare | Butts Out | | |

FEBRUARY CELEBRATES:

- American Heart Month
- Black History Month
- Great American Pie Month
- National Cherry Month
- Children of Alcoholics:
(week of February 10—16)

