

Haverstraw Center News

Issue 8

AUGUST 2012

Village of Haverstraw/Haverstraw Center

The ALL NEW Village of Haverstraw FARMERS' MARKET



Sunday, August 5th 9:00am to 1:00pm
Auntie El's is back holding their own stand so bring that Sunday paper, get a cup of coffee & have yourself one of their delicious baked goods for breakfast.
 Welcome new vendor, **Frans's Heavenly Body Mist** - a line of lightweight moisturizing mists that nourishes the skin in 12 wonderful fragrances!
 We've got pickles - **Picklelicious** returns! Stop by their stand, try their sweet horseradish pickle chips & have your little one try a pickle on a stick.
Do Re Me, Perez Family, & Iona Hill will have plenty of produce on hand. Don't miss delicious gluten-free baked goods by **Little Bake Shop**.
 And at **Green Mountain**, a representative can answer questions about what your energy options are for your home and/or business.
Kids Tent 10:00 to 12:00pm - Balloon Artist Kikil
 Children are sure to be amazed by her elaborate creations.
Music by Ed Packer - Folk, Rock, Country, Irish & Contemporary Music & Songs.
 See you at the Market! Wendy & Alex, Your New Market Managers



June 17th thru Oct 28th - Just outside Village Hall at 40 New Main St & Maple Ave
www.haverstrawfarmersmarket.org email haverstrawfarmersmarket@yahoo.com
www.facebook.com/HaverstrawMarket

THE VILLAGE OF HAVERSTRAW

Please check the Village web-site for updates regarding the August market events. <http://www.voh-ny.com/>

Special points of interest:

- HAVERSTRAW CENTER offers many programs free of charge
- COUNSELING for help with: alcohol, tobacco and other drug use, family problems, boyfriends/girlfriends, school
- RECREATION and homework help
- FAMILY ACTIVITIES
- SUMMER CAMP



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Alex and Wendy continue to offer new surprises each week with their creative and innovative approach to the farmers' market. The entertainment varies from week to week and the cooking demonstrations are a huge hit with the shoppers. In July, Bella Rose Café and Union Restaurant treated the crowd to some of their specialties. You won't want to miss the August markets when the sweet corn is plentiful and recipes abound. Check out the fresh baked goods, the kids tent, the co-op table and of course the produce vendors!!!

VILLAGE OF HAVERSTRAW SUMMER CAMP

The Village of Haverstraw Summer Camp began on July 9th with the parents and campers being introduced to the counselors, procedures and the schedule. Camp is held Monday through Friday, from 9:00 AM until 2:30 PM (later on trip days) and the campers are served a light breakfast in preparation for the day's activities. Mondays, all campers go to Rockland Lake (where they were first tested for their swimming ability). On Tuesdays, campers enjoy their day at the Center with a variety of exciting activities including basketball tournaments, arts and crafts, dancing, Wii and outdoor water activities when the weather is really hot! Wednesdays are trip

days with Splashdown Park and Rye Playland. The Castle and the Norfolk Maritime Aquarium are this month's destination points. Thursdays are mixed days with some campers going to Hi Tor Bowling and others going to Bowline Park. The New City Cinema rounds out the campers week with alternating age groups attending alternating weeks. The culminating activity will be the camp BBQ at Bowline on Friday, August 17th. It is at the BBQ that the campers show off their talents on the fabulous Town of Haverstraw stage.

Donations from private individuals as well as from the North Rock-

land Lions' Club have provided scholarships to those who meet the guidelines established by the C.E.N.T.E.R. (Community Enrichment Network Toward Empowerment and Renewal) The families and the Haverstraw Center staff are grateful for their generosity in offering this opportunity to youths who otherwise would not have been able to attend camp.



KEY BANK AND GIRL SCOUTS HEART OF THE HUDSON OFFER FINANCIAL LITERACY

The financial literacy program was made available through a grant offered through Key Bank. Girl Scouts, Heart of the Hudson, was the happy recipient of this grant reaching out to girls in the Haverstraw area. The four week program helped the girls develop self confidence, money management skills, budgeting and goal setting while participating in fun activities. Working with Girl Scout volunteers and staff, Jane DeVito, Jean Lewis and Peggy Koval, the girls also became registered girl scouts, making the Girl Scout Promise and accepting the Girl Scout Law. There was no charge for the program or registration, thanks to the generosity of Key Bank. The four week session included a basic lesson about money: what it is, what it looks like, how much each coin and bill is worth. Building on that lesson, the girls each received a porcelain piggy bank to decorate and take home as they learned about why we save money, what we need money for and what we spend it on. The third week, each girl received a free calculator to keep track of money as they discussed the term budget and why it is necessary to have one. The final week was exciting as the girls put their newly learned skills to work in an in-house shopping adventure to purchase school supplies according to their budget. **THANK YOU KEY BANK!!**

These registered girl scouts will continue in the scouting program for the month of August with former girl scout and AmeriCorps volunteer, Sarah Lutz. Sarah and Peggy will discuss the environment and the importance of decreasing the carbon footprint on our own environment, as the girls learn gardening skills, the value of the farmers' market and how to live green.

THANK YOU

RCYB taught us has served as a tremendous experience towards prolonging our job skills as well as our personal growth. It has also helped us develop a more enlightened outlook of the diverse community we belong to. Furthermore, it has been to our advantage interacting with such mindful and caring individuals such as the Haverstraw Center and RCYB staffs. As a result of all of these positive elements, we have developed the necessary skills to better our future.

Julissa Estevez

"TANYA'S TEENS" SUMMER PROGRAM

Tanya Soto, Program Coordinator for the Haverstraw Center, continues her teen program for the second year in a row.

Tanya has structured her program to be informative, fun and service-minded. On Mondays, the youth are introduced to the history of their Village while participating in walking tours with AmeriCorps volunteers. The Greenway Trail is extensive, but they have also enjoyed a walk around the streets of Haverstraw, seeing and learning about sites they may have passed daily, but knew nothing about. On Tuesdays, the group enjoys the beautiful Bowline Park, weather permitting or enjoys an outing to a sporting event. On Wednesday, the teens participate in group discussions and learn cooking techniques, either making a portion of their lunch or a tasty dessert. Thursdays, Catholic Community Services of Rockland on Hudson Avenue is the fortunate recipient of the youths dedicated service to the community. They help in the garden or in the food pantry. Their enthusiasm and willingness to give is heartwarming. Fridays find the youth either attending the New City Cinema or watching a movie at the Center. Lessons are always being taught, from how to apply for a job to college information sessions and money management. The teens and the community benefit greatly from this fantastic program. Thank you Tanya!!

THANK YOU TO THE YOUTH BUREAU

It has been a great opportunity to have participated in a program that has served the Rockland Community for many years. The Rockland County Youth Bureau enriches the lives of many individuals by promoting an environment with a plethora of services. It is my honor, on behalf of all of us to thank you for the opportunity to work at the Haverstraw Center.

The RC Youth Bureau has impacted our lives in a positive manner and we are thrilled to have been a part of. This program has provided us with long-lasting skills such as communication and leadership. After completing our training, being placed at the Haverstraw Center has given us the support to enhance our understanding of diversity in the workplace as well as in our community. As we look back, the skills and knowledge that the

STRENGTHENING FAMILIES PROGRAM

This 6-week program will provide you with the tools that will put you and your family on the path towards making your dreams come true.



SAVE THE DATE!

FREE! FREE! FREE! FREE!

- Dinner with your family
- Babysitting for younger siblings
- Parent/Guardian sessions
- Youth sessions
- Information on communication, peer pressure, expectations, clearer rules

HVERSTRAW CENTER

50 West Broad Street
Behind the Knights of Columbus Building

Thursdays
10/11/12-11/15/12
6:00 PM-8:30 PM

To register, call:
845.429.5731

HVERSTRAW CENTER HIGHLIGHTS

- *Prevention Counseling Services*
 - *Monthly Youth Celebration*
 - *Caught Being Good Recognition*
 - *Straight to the Top*
 - *After School Homework Help*
 - *Girls' Clubs*
 - *Girls' Circle*
 - *Boys' Clubs*
 - *IMPACT*
 - *Lifeskills Program*
 - *Teen Intervene*
 - *Teen Advisory*
 - *Teen Group*
 - *Strengthening Families Program*
 - *Self-Expressions*
 - *Girl Scouts*
 - *Haverstraw Community Garden*
 - *Haverstraw Collaborative*
 - *Summer Camp*
 - *Recreation*
 - *Adult basketball*
 - *Smoking Cessation Program*
 - *ESL offered through HKDL*
 - *Unity in the Community*
 - *Focus Study Groups: Hunger, Teen Pregnancy, Immigration, Community Health Issues*
- MORE!!**

FARMERS' MARKET
CORN CHOWDER

INGREDIENTS:

- 1 TBSP vegetable oil
- 2 TBSP finely diced celery
- 2 TBSP onion, finely diced
- 2 TBSP green or red pepper, finely diced
- 2-3 ears corn, kernels sliced off cob
- 1 cup raw potato, peeled and diced
- 1 cup water
- 1/4 tsp salt
- Black pepper to taste
- 1/4 tsp paprika
- 2 cups milk, non-fat, divided
- 2 TBSP flour
- 2 TBSP chopped fresh parsley

Preparation:

1. In medium saucepan, heat oil over medium high heat.
2. Add celery, onion and green or red pepper; sauté for 2 minutes.
3. Add corn potatoes, water, salt, pepper and paprika.
4. Pour 1/2 cup milk into a jar with a tight fitting lid. Add flour and shake vigorously.
5. Add gradually to cooked vegetables; stir well.
6. Add remaining milk.
7. Cook, stirring constantly, until mixture comes to a boil and thickens.
8. Serve garnished with chopped fresh parsley or sliced green onions.

Source: "A Healthier You." U.S. Department of Health and Human Services.



PICTURES FROM CAMP



HAYERSTRAW COLLABORATIVE

The Haverstraw Collaborative consists of agencies who meet the first Wednesday of every month from 12:00 noon until 2:00 PM to discuss issues and ideas that affect the North Rockland Community and the Village of Haverstraw in particular. The Haverstraw Collaborative was founded in 2001 for the purpose of all community-based organizations serving the children, youth, elders, adults and families of Haverstraw to meet monthly in a spirit of non-partisanship and cooperation which is reflected in the Mission Statement.

The July agenda included a delightful reading of quotes, a delicious lunch, introductions, welcome and two informative presentations.

Philip Lloyd, representing the Salvation Army, gave a comprehensive overview of the programs offered in Rockland County. To the surprise of many, the Salvation Army offers homework help, assistance with housing opportunities, food and sponsors hundreds of youth with their back to school efforts taking youth to *Target* for clothing and school supplies.

The Rockland County Department of Health was well represented as they spoke about the *Corner Store Program*. Through this initiative, local bodegas pledge to make subtle changes to their

stores, such as placing healthy foods at eye level, offering more fresh fruits and vegetables and promoting at least two healthier foods and snacks to subject their customers to these healthier choices. A survey was distributed for the Collaborative to complete regarding their usage of and requests for products from the local corner stores. "What's in your shopping cart?"

Subcommittees on Immigration Advocacy, Drug Prevention, Food and Nutrition, Parental Involvement and Teen Pregnancy gave their updates. Marion Breland Oswald, director of Youth and Family Services and Chair of the Haverstraw Collaborative congratulated the efforts of the community and the Collaborative in coming out to the Zoning Board of Appeals meeting to speak out and stop the expansion of the local Hookah shop.

As the concluding agenda item, agencies offered their updates and upcoming events.

The next meeting is scheduled for the first Wednesday of the month, August 1, 2012 from 12:00 noon until 2:00 PM. The Teen Pregnancy Subcommittee will meet immediately afterwards at the Center.

Please call 845.429.5731 x 10 to confirm your attendance.

Volunteer of the Month

Valencia Jenkins spends her time helping wherever she is needed at the Haverstraw Center. After putting in a long day working at the summer camp, she clocks out and then gets right back to work assisting with the Girl Scout program, keeping an eye on the youth in the after camp program, or cleaning up and organizing classrooms that saw a flurry of activity during the day.

Valencia's love of the Center is reflected in her constant smile and her dedication. She sets a wonderful example for her peers and we are happy to have her assistance.

THANK YOU!!!



Village of Haverstraw/Haverstraw Center



50 West Broad Street
Haverstraw, NY 10927

Phone: 845.429.5731
Fax: 845.429.5796
E-mail: CommunityCenter@VoHny.com

The Haverstraw Center Mission Statement

The Haverstraw Center serves all residents of the Village of Haverstraw by providing and hosting high-quality, comprehensive services for youth, families, adults and elders, promoting the health, safety, and well-being of community residents of all ages, and raising the quality of life for all people of our diverse community in a spirit of non-partisanship and cooperation.

6/17-10/28/2012
9:00 AM—1:00 PM
All new
FARMERS' MARKET
On Maple Avenue in
Front of Village Hall
(Every Sunday through October)



We're on the WEB!
http://www.voh-ny.com/dept_youth.htm



Haverstraw Center Schedule/AUGUST SUMMER CAMP—Please take note that schedule is subject to change

August Special Events and Notable Days

- 8/1 Haverstraw Collaborative (NOON)
- 8/1 RCDOH FREE HIV Test 2—5 PM
- 8/5 Farmers' Market 9 AM—1 PM
- 8/10 National S'mores Day
- 8/12 Farmers' Market 9 AM—1 PM
- 8/15 Relaxation Day
- 8/17 RCDOH FREE HIV Test 2—5 PM
- 8/19 Farmers' Market 9 AM—1 PM
- 8/19 2nd Annual Back-to-School Backpack Family Event at Emeline Park
- 8/21 Senior Citizen's Day
- 8/26 Farmers' Market 9 AM—1 PM
- 8/29 More Herbs, Less Salt Day

- AUGUST CELEBRATES:
- America's Night Out Against Crime
 - Women's Month
 - Medicine Abuse Month
 - Admit Your Happy Month
 - Family Fun Month

Monday	August 6th Rockland Lake	August 13th Rockland Lake	
Tuesday	August 7th In House	August 14th In House Karaoke Day	
Wednesday	August 1st Castle	August 8th Aquarium	August 15th Field Day
Thursday	August 2nd 10-11 am 9-14 year olds Bowline 12-2 pm 6-8 year olds Bowling	August 9th 10-11 am 6-8 year olds Bowline 12-2 pm 9-14 year olds Bowling	August 16th Full Camp Bowling
Friday	August 3rd 9-14 year olds In House 6-8 year olds Movies	August 10th 6-8 year olds In House 9-14 year olds Movies	August 17th Camp BBQ Bowline

Every
Wednesday,
2—5PM
RCDOH
Health Insurance
Assistance

GIRL SCOUTS
Every
Tuesday
3:15 —4:45 PM

