

Haverstraw Center News

Issue 6

JUNE 2012

Village of Haverstraw/Haverstraw Center

The ALL NEW Village of Haverstraw FARMERS' MARKET

The grand opening of the Village of Haverstraw Farmers' Market will take place on Sunday, June 17th, 2012. What a great way to celebrate Father's Day—bring dad to the market and treat him to something special.

The market is being managed this year by two very enthusiastic, community-minded individuals who bring great experience to the market. Look for exciting weekly events, a children's craft corner, cooking with the chef, entertainment and information about "What's Going On In

Haverstraw."

Returning to market is Do-Re-Me Farms, Inc.—a mainstay of the market since its inception. Stop by and meet the new vendors, too.

The market is in the process of establishing its EBT machine and will be available for the SNAP program. Seniors, contact the Rockland County Department for the Aging to receive your farmers' market WIC coupons enabling you to pick up fresh fruit and vegetables at your local market.

Farmers' Markets bring a

sense of community to the downtown area. Shoppers gather weekly for fresh produce, catching up with their neighbors or making new friends, live music, fun activities for the children, and so much more.

The farm to table initiative is so important for a healthy family. Check out the link below to read how buying from local farmers makes sense nutritiously, environmentally and economically.

http://www.ehow.com/about_6611408_farm-table-concept.html

Special points of interest:

- HAVERSTRAW CENTER offers many programs free of charge (See schedule)
- COUNSELING for help with: alcohol, tobacco and other drug use, family problems, boyfriends/girlfriends, school
- RECREATION and homework help
- FAMILY ACTIVITIES



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CREATING HEALTHY PLACES to Live, Work and Play

Phase I of the Creating Healthy Places to Live, Work and Play in Rockland County is progressing with the addition of playground equipment in the courtyard at the Haverstraw Center. A ribbon cutting ceremony will take place (TBA) to allow the public to see this well designed asset to the Center.

According to the designer of the new play space, Ann Brooke of "Follow the Child," children in the 8—12 year old age group "are intensely physical, especially after they've spent the day in school. They literally explode into the playground to run, climb and jump, and so the plan supplies an active play area between the two doors, that they can

enjoy the minute they go outside." Phase II will include "an adaptable gathering space consisting of interlocking platforms, set in a grove of trees, that can be occupied by a large group for dramatic play or art activities, or several smaller groups. The area could also be used for physical group activities such as martial arts and yoga." In addition, a mural will be painted on the side of the building depicting a cross-section of the Hudson River.

Rockland County Department Of Health seeks to reduce death and disability due to chronic disease by initiating targeted lifestyle interventions in the Rockland County Community

through this initiative funded by the New York State Department of Health.

The Village of Haverstraw is committed to working with the RCDOH to implement policy and environmental improvements by creating this special playground to provide safe, accessible and attractive opportunities for physical activities for persons of all ages and abilities.



FAMILY FUN NIGHT AND BBQ

On Friday, June 1st, the youth of the Center gathered for a variety of activities, eagerly anticipating the arrival of their families to share in the fun and good food. Volunteer Andy Lowe grilled hamburgers and hot dogs to accompany corn on the cob, rice and beans (cooked by the Vazquez family—thank you Frankie!), chips, watermelon and drinks. Cups and juice were donated by McDonald's and some of the families also donated food to be shared and enjoyed.

Volunteers received recognition certificates, families enjoyed entertainment by the youth and music was supplied by DJ Steven Diaz. To conclude the evening, participants of the "Straight to the Top" program received their certificates.

THANK YOU TO OUR VOLUNTEERS:

Christina Abraham, Tomika Ashby, John Henry Beamon, Rhonda Berrian, Bruce Bortniker, Prentiss Breland, Suzy Chhim-Parisi, Judy Curcio, Jill Fogliani, Wayne Ford, Marina Gutierrez, Naté Harris, Roger Harris, Chris Jean-Baptiste, Jackie Jenkins, AJ Kelly, Sam Orellana, Michael O'Rourke, Shawn Pachtinger, Beverly Swift, Elijah Tillman, Krystle Torres, and Dana Treacy

Open Arms, Inc. was recognized for their continued support sending volunteers any time we have needed them.

STRAIGHT TO THE TOP PARTICIPANTS

Derrick Chulde Castro, Johana Chulde Castro, William Chavez, Sheyla Clemente, Rony Cruz, Ariel Encarnacion, Liana Encarnacion, Kezi Gualpa, Nakwon Harris, Joel Henriquez, Essence Jones, Rocio Juca, Muhssia King, Claude Lartigue, Anabel Lopez, Nathaly Lopez, Osmeiry Santana Lopez, Rafael Lopez, Moises Martinez, Mekei McCrae, Kenie Jan Nazario, Roselyn Quezada, Donovan Quinones, Ivan Real, Antoine Remy, Miguel Reynoso, Pablo Rivas, Chelani Rivera, Gabriel Rivera, Nathaly Rivera, Donte Roché, Jade Roché, Jamal Roché, Yeidy Rodriguez, Dion Santana, Edwin Santana, Kaitlyn Santana, Kara Santana, Daniel Santiago, Sherley Taveras, Brian Thomas, Cynthia Tineo, Checel Torres, Kiarra Toussaint, Seivon Toussaint, and Jisel Wallace

CONGRATULATIONS!!!

Monthly Youth Celebration

The youth who celebrated birthdays or who were "Caught Being Good" in May and June will receive their recognitions at the June 13, 2012 celebration. The Haverstraw Center offers this festivity as a way of showing appreciation for the youths' random acts of kindness, good behavior, improvement in study habits, or helpfulness at the Center. By rewarding positive behavior, the incidence of risky behavior is reduced. At each monthly celebration, the youth are treated to a fun activity and/or entertainment and a tasty meal. This month the youth and staff will publicly thank the student workers for their hard work and dedication to the Haverstraw Center. Those who are graduating from high school will also be recognized.

Those who received certificates for Caught Being Good for the months of May and June are:

5/3/2012

Dymmond Bartee, Kavanaugh Chisholm, Sheyla Clemente, Ariel Encarnacion, Kezi Gualpa, Roger Harris, Naté Harris, Dante Roché, Jamel Roché, Anthony Rutherford, Chris Sand, Seivon Toussaint

5/10/2012

Kayvaughn Chisolm, Casey Delgado, Kezi Gualpa, Nathaly Lopez, Diana Peralta, Anthony Pierre Paul, Rocio Juca, Yeidy Rodriguez, Osmeiry Santana, Nikita Sisco, Jisel Wallace, Justin Williams, Taliyah Wilson

5/17/2012

Nyimma Bartee, Jorny Gomez, Moises Martinez, Mekei McCrae, Krystal Morris, Donovan Quinones, Xavier Quinones. Jade Roché, Cynthia Tineo, Krystle Torres

5/31/2012

Lucy Cousar, Casey Delgado, Liana Encarnacion, Liliana Gomez, Moises Martinez, Deion Santana, Elijah Tillman, Cynthia Tineo

6/7/2012

Jasia Bartee, Kavanaugh Chisolm, Markeyah Cousar, Kezi Gualpa, Roger Harris, Rafael Lopez, Charles Pierre Louis, Anthony Rutherford, Jude Thebaud, Jerrie Thifault, Elijah Tillman, Krystle Torres,

Tatiana Vega
CONGRATULATIONS!

Happy May/June Birthday to:
Aisha Lundi

Strengthening Families Program

On May 16th, the final session of the Spring Strengthening Families Program was held. Nine families participated in the program, enjoying a smorgasbord of delights prepared by the Center staff as well as contributions made by the families. Each family also received a framed certificate of completion, which they may display proudly.

Strengthening Families is an evidence-based program, meaning that data has been collected, evaluated and verified that this program is proven effective in delivering prevention strategies.

The Strengthening Families Program: For Parents and Youth 10-14 (SFP 10-14) is a parent, youth, and family skills-building curriculum designed to:

- *prevent teen substance abuse and other behavior problems
- * strengthen parenting skills
- * build family strengths

The families who participated in the spring session also built on their community strengths by bonding with each other, sharing with each other, and enjoying the camaraderie this program affords.

The Autumn Session's date will be announced in a future posting. IF you are interested in attending, you may call the Haverstraw Center to reserve your spot. A brief questionnaire is required to be completed for registration and a firm commitment to attending each of six weekly sessions is desired.



Tips for Making Family Meals a Reality*

- Schedule times when all family members can eat together. Consider breakfast or weekend meals if dinnertime is too difficult
- A family meal does not always need to be home cooked.
- Have family members participate in the planning, preparing, cooking and cleanup.
- Pre-cut vegetables and bagged salads make quick and easy side dishes.
- Prepare some or all of the meal in advance.
- Double recipes and freeze some meals so you have something on hand in the freezer.
- Consider using a slow cooker such as a Crock-Pot® so the meal is ready when you get home.

The average family meal lasts barely 20 minutes, but few other settings in family life have such potential to influence children's behavior and development. Sharing a meal regularly can boost children's health and well-being, reduce the likelihood that they will become obese or use drugs, and increase the chances that they will do well in school.

**Developed by the Protective Factors Subcommittee of the School Health and Wellness Coalition, a part of Steps to a Healthier Rockland in cooperation with Eat Well Play Hard.*



FRANKIE'S "FAMILY" GATHERS AT THE FAMILY BBQ

Haverstraw Collaborative

The Haverstraw Collaborative consists of organizations who meet the first Wednesday of every month from 12:00 noon until 2:00 PM to discuss issues and ideas that affect the North Rockland Community and the Village of Haverstraw in particular. The Haverstraw Collaborative was founded in 2001 for the purpose of all community-based organizations serving the children, youth, elders, adults and families of Haverstraw to meet monthly in a spirit of non-partisanship and cooperation which is reflected in the Mission Statement.

May's Collaborative meeting began with lunch and a warm welcome by Marion Breland Oswald, chair of the Collaborative. Introductions were made around the room, followed by an inspirational reading titled "Thoughts for Springtime."

Alicia Bonadonna presented on "Consumer-Directed Personal Assistance Program" or CDPAP entitling a client on Medicaid to receive in-home services if qualified and allowing family members to be caregivers and receive reimbursement. Also presenting was Jean LaBosco giving an overview and update on the services "Meals on Wheels" has to offer. Cheryl Hunter

Grant of the Lower Hudson Valley Perinatal Network distributed packets reflecting work needed to be done regarding the issue of Teen Pregnancy Prevention. Bob Thomann gave an update on the North Rockland Central School District Plan and concerns regarding the upcoming budget vote.

Reports were then given by the subcommittees regarding immigration advocacy, drug prevention, the "Hookah Bar", food and nutrition, parental involvement and teen pregnancy.

The Village of Haverstraw budget passed and Tanya Soto has now been hired full-time by the Village. (Her previous position was provided for by DFC.)

The Haverstraw Center recently received a 501C approval for a small not-for-profit named "The Center" allowing for funds to be raised for local community efforts.

Agency updates were given and flyers distributed. The next meeting is scheduled for June 6, 2012 at the Haverstraw Center's first floor multi-purpose room at 12:00 noon.

ADDITIONAL INFORMATION:
845.429.5731

Drug Market Intervention

The Drug Market Intervention held another in its succession of public informational meetings on Wednesday, May 31, 2012 in the Haverstraw Center gymnasium. With more awareness and the involvement of the community in the call-in planning, it is expected that the Village of Haverstraw will reap the benefits of this program. Designed to give offenders the option of rehabilitation, employment opportunities, and counseling, the call-in is a collaboration of the Rockland County District Attorney's office, local law enforcement and the Village of Haverstraw community members and organizations. For more information, please contact Judy Rosenthal at 845.638.5683 or Melissa Almenas at 845.429.5731 x 18.

Volunteer of the Month

Shawn Pachtinger is recognized as a hard worker and a dedicated volunteer at the Haverstraw Center. Shawn "knows" computers and has helped Peter Fata, Assistant Director of Youth and Family Services, with a variety of tasks.

During the Volunteer Recognition ceremony on Friday, June 1st, Shawn was busy volunteering, taking videos and photographs to add to our archives of activities. (And someone captured Shawn! See image below.)

Thank you Shawn, for your hard work and dedication. We truly appreciate your skills and knowledge.



THANK YOU!!!

Village of Haverstraw/Haverstraw Center



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Haverstraw, NY 10927

Phone: 845.429.5731
Fax: 845.429.5796
E-mail: CommunityCenter@VoHny.com

The Haverstraw Center Mission Statement

The Haverstraw Center serves all residents of the Village of Haverstraw by providing and hosting high-quality, comprehensive services for youth, families, adults and elders, promoting the health, safety, and well-being of community residents of all ages, and raising the quality of life for all people of our diverse community in a spirit of non-partisanship and cooperation.

June 17, 2012
9:00 AM—1:00 PM
All new
FARMERS' MARKET
 On Maple Avenue in
 Front of Village Hall
 (Every Sunday through October)



We're on the WEB!
http://www.voh-ny.com/dept_youth.htm

Straight to the Top

- June Special Events and Notable Days
 6/1 Family Fun BBQ/Volunteer Recog
 6/6 Haverstraw Collaborative NOON
 6/6 National Gardening Exercise Day
 6/11 Hug Day
 6/13 Monthly Youth Celebration
 6/14 Flag Day
 6/15 Smile Power Day
 6/16 Fresh Veggies Day
 6/17 Father's Day
 6/17 Farmers' Market begins! 9am-1pm
 6/22 Last day-school/NRHS Graduation
 6/24 Farmers' Market 9am-1pm
 6/26 Forgiveness Day

DAIRY MONTH
 GAY PRIDE MONTH
 NATIONAL FRESH FRUIT and
 VEGETABLES MONTH



Haverstraw Center Schedule/JUNE

Please take note that the Center schedule follows the school schedule, therefore many programs will end at 6:00PM.

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
Computer Room	Homework Help 3:00PM—7:00 PM	Homework Help 3:00PM—7:00 PM	Homework Help 3:00PM—7:00 PM	Homework Help 3:00PM—7:00 PM	Homework Help 3:00PM—7:00 PM	
Game Room	3:00PM—7:00 PM	3:00PM—7:00 PM	3:00PM—7:00 PM	3:00PM—7:00 PM	3:00PM—7:00 PM	
Multi-purpose Room	Homework Help 3:00PM—7:00 PM Boys' Council A 4:30 PM—5:30 PM Back to Basics 7:00PM—9:30PM	Homework Help 3:00PM—7:00 PM	Homework Help 3:00PM—7:00 PM	Homework Help 3:00PM—7:00 PM	Homework Help 3:00PM—7:00 PM Boys' Council B 4:30 PM—5:30 PM	SATURDAY ESL II — Conversational With HKDLibrary 10:00AM—12:00 noon
Gymnasium	Youth Basketball 3:00PM—5:00PM Steve's Basket- ball 8:00PM—9:30PM	Youth Basketball 3:00PM—5:00PM J.U.M.P. 6:00PM—7:30PM	Youth Basketball 3:00PM—5:00PM	Youth Basketball 3:00PM—5:00PM Steve's Basketball 8:00PM—9:30PM	Youth Basketball 3:00PM—5:00PM	SATURDAY Sharp Shooting Academy Co-ed middle school youth 9:00AM—11:00AM Steve's Basketball 11:00AM—1:00PM
Conference Room	Homework Help 8th—12th Grade 3:00PM—5:30PM RFS Empower- ment Group 6:30PM—9:00PM	Homework Help 8th—12th Grade 3:00PM—5:30PM	Homework Help 8th—12th Grade 3:00PM—5:30PM	Homework Help 8th—12th Grade 3:00PM—5:30PM	Homework Help 8th—12th Grade 3:00PM—5:30PM	
Group Room	Girls' Club Middle School 3:30PM—5:00PM RFS – babysitting 6:30PM – 9:00PM	Girls' Club Fieldstone 3:30PM—5:00PM Self Expressions 5:30PM – 6:30PM	RCHD Health Insurance 2:00PM – 5:00PM	Teen Advisory 10—12 Grade 3:00PM—4:00PM Teen Group 10—12 Grade 4:00PM—5:00PM		
Art Room				Girl Scouts 4:00 PM—5:00 PM		
Kitchen						SUNDAY FARMERS' MARKET 9:00 AM—1:00 PM In front of Village Hall on Maple Avenue
Counseling Room						
Other			Butts Out-Open Arms 4:00PM		Smoker's Aftercare— Open Arms Women's Facility 4:00 PM	