

# Haverstraw Center News

Issue 5

May 2012

## Village of Haverstraw/Haverstraw Center

### Haverstraw Community Garden Opens for the Season

The Village of Haverstraw Community Garden celebrated the beginning of its third season with a Garden Gathering hosted by Peggy Koval of the Haverstraw Center. Master Gardener and garden coordinator Cliff Elton spoke about some of the changes that are noticeable such as the improvements being made this year thanks to a grant from SkillsUSA/LOWE'S Community Improvement Foundation and hard work by the Rockland County BOCES CTEC program who secured the grant.

Rules of the garden were discussed, new members received their garden key, and instruction was offered on how to use the rototiller. Light refreshments were served including Peggy's delicious zucchini bread (see recipe on page 3).

The garden began in 2010 as a collaboration between the Rockland County Department of Health, the North Rockland Central School District, Cornell Cooperative Extension and the Village of Haverstraw/Haverstraw Center.

Americorps volunteers constructed the pergola and Plant-A-Row volunteers have seen abundant crops which are donated to local food pantries. Cornell Cooperative Extension offers gardening tips and



classes in the various community gardens throughout the County. There are a couple of plots that will become available after more dirt is delivered. Fees are \$30/season. Call Peggy Koval @ 845.429.5731 for information or go to

[http://www.voh-ny.com/community\\_garden.htm](http://www.voh-ny.com/community_garden.htm)



### Special points of interest:

- HAVERSTRAW CENTER offers many programs free of charge (See schedule)
- COUNSELING for help with: alcohol, tobacco and other drug use, family problems, boyfriends/girlfriends, school
- RECREATION and homework help
- FAMILY ACTIVITIES

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### UNITY IN THE COMMUNITY/TOWN HALL MEETING ON UNDERAGE DRINKING

Unity in the Community, Part II took place April 2nd, 3rd and 4th from 11:00 AM to 6:00 PM at the Haverstraw Center. Free lunch was served daily at 12:00 noon followed by recreational and educational workshops made possible through generous donations from the community, the Haverstraw Center and Haverstraw Collaborative members.

On April 2nd, the Hudson Vagabond Puppets entertained the youth and their

families with the informative production of "Guess Who Signed the Constitution". This performance, offered through the Rockland Teacher Center Institute was made possible by National Endowment for the Arts funding.

On Tuesday, youth, parents and the community were welcomed at the Town Hall Meeting on Underage Drinking. The panel consisting of Detective Rich Spatta, Judge Charles Apothecar, Direc-

tor of Youth and Family Services Marion Breland Oswald, Assistant Director Peter Fata, and RCADD's director Ruth Bowles presented information to increase understanding and awareness of underage drinking and its consequences and encouraged ALL to address the problem.

Movies was the culminating activity for this week's event which offered a fun, safe place to be while school was not in session.

Monthly Youth Celebration



Haverstraw Center Staff is committed to serving the youth and families who come to the Center for a variety of activities and services. Did you know that:

- ◆ Clinical Meetings are held every Tuesday for training
- ◆ Staff Meetings are held every Thursday to discuss issues, schedules, etc.
- ◆ Staff receives clinical supervision to maintain counselor wellness
- ◆ Staff regularly attends workshops and conferences to stay updated on issues pertinent to the field
- ◆ CPR training is offered
- ◆ Staff participates in on-line Webinar trainings
- ◆ Staff attends monthly Haverstraw Collaborative meetings to network and to maintain, manage and address community ties and/or concerns
- ◆ Camp employees are screened and receive two-day intensive training workshops



KEEP ROCKLAND BEAUTIFUL  
GREAT AMERICAN CLEANUP

Staff and youth at the HAVERSTRAW CENTER participated in the Great American Clean-up on April 30th by picking up bags and bags of litter in the downtown business district as well as along the waterfront. No unusual items were found, but the kids can't stop talking about the experience.

THANK YOU FOR HELPING TO  
KEEP ROCKLAND BEAUTIFUL!

The youth who celebrated birthdays or who were "Caught Being Good" in April received their recognitions at the May 1, 2012 celebration. The Haverstraw Center offers this festivity as a way of showing appreciation for the youths' random acts of kindness, good behavior, improvement in study habits, or helpfulness at the Center. By rewarding positive behavior, the incidence of risky behavior is reduced. At each monthly celebration, the youth are treated to a fun activity and/or entertainment and a tasty meal. This month the youth enjoyed hot dogs and chips prepared by staff member Frankie Vazquez. The gathering activity continued the Center's focus on "Bullying" - with exercises used to get the youth thinking about where they are in the chain of bullying: bully, bystander, ...and how they can help eradicate this social ill.

Those who received certificates for Caught Being Good for the month of April are:

3/29/2012

Dymmond Barte, Rony Cruz, Gavin Guzman, Roger Harris, Naté Harris, Rocio Juca, Antoine Remy, Nataly Rivera, Deion Santana, Kara Santana, Elijah Tillman

4/5/2012

Kayvaughn Chisolm, Roger Harris, Naté Harris, Nigel Williams, Elijah Tillman, Krystle Torres

4/12/2012

Tajiana Bell, Johanna Chulde, Malik Crowder, Casey Delgado, Diana Peralta, Cehlani Rivera, Jade Roché, Marcus Rodriguez, Latasia Price, Seion Santana

4/19/2012

Lucy Cousar, Kavon Chisolm, Casey Delgado, Ariel Encarnacion, Jamillica Francis, Gavan Guzman, Moises Martinez, Kenny Nazario, Diana Peralta, Jade Roché, Gabriel Rivera, Danny Santiago, Nikita Sisco, Krystle Torres, Kiarra Toussaint

4/26/2012

Kwani Harris, Chantel James, Mekie McCrae, Ivan Real, Tatiana Wallace

CONGRATULATIONS!

Happy April Birthday to:

PETE FATA



**Strengthening Families Program**  
The Strengthening Families Program for Parents and Youth 10-14 is delivered with parent, youth and family sessions using narrated videos portraying typical youth and parent situations with diverse families. Parents and youth meet in separate groups for the first hour and together as families during the second hour to practice skills, play games, and do family projects. Sessions are highly interactive and include role-playing, discussions, learning games, and family projects.

Parents/Caregivers

>Learn nurturing skills that support their children

>Are taught how to effectively discipline and guide their youth

Youth

>Are given a healthy future orientation and an increased appreciation of their parents/caregivers

>Taught youth skills for dealing with stress and peer pressure

Families

>Grow together

These are just some of the topics being discussed in the Spring Session of the Strengthening Families Program. With nine families registered, the program has been exciting and enlightening! The families gather at 6:00 PM for dinner together. Evidence suggests that families who eat together, strengthen their family by providing opportunities for communication and building relationships.

The Strengthening Families Program will be offered again in the Fall. Watch for the announcement!

<http://www.extension.iastate.edu/sfp/>

*Cooking with Peggy Koval  
Grandma's Zucchini Bread*

Mix together:

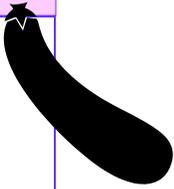
- 2 cups grated zucchini (if zucchini are large and seedy, remove seeds)
- 3 large eggs
- 2 cups granulated sugar
- 1 cup canola oil
- 1 tablespoon pure vanilla extract

Combine the following:

- 3 cups flour
- 1 teaspoon salt
- 1 teaspoon baking soda
- 1 teaspoon baking powder

Add dry ingredients to zucchini mixture. Stir until blended. Add 1 cup of chopped walnuts if desired. Pour into two 9 x 5 x 3 inch loaf pans that have been sprayed lightly with vegetable spray. Bake one hour at 350°. Freezes well.

*Peggy spent many a summer with her grandparents in southwestern Illinois, helping them tend their huge backyard garden. Grandma was a phenomenal cook and grandpa a phenomenal eater!! Both traits were passed down to Peggy and her family. This bread is delicious warm out of the oven or eaten in the cold winter months (defrosted) spread with strawberry cream cheese.*



**DRUG MARKET INTERVENTION**

**"DMI"**

On April 25th the Rockland County District Attorney's office presented a review of the Drug Market Intervention procedures and highlighted the success of the first ever intervention in the Village of Haverstraw. The large audience was able to hear remarks by some of the individuals whose lives were affected by the "call-in" and who are very grateful for the opportunities given to them with the support of the community.

**\*What is DMI?**

Drug Market Intervention is an innovative and effective program to reduce drug dealing in a community. Rockland County was one of the four jurisdictions chosen to implement DMI through a grant from the NYS Division of Criminal Justice Services. This program was developed by Prof. David Kennedy from John Jay College and was first successfully pioneered in High Point, NC. Haverstraw's DMI is a collaboration between the RC DA's office, Town of Haverstraw Police Department, Town and Village of Haverstraw government officials, local social service agencies and community members who are invested in the quality and safety of the Village.

**Haverstraw Collaborative**

The Haverstraw Collaborative consists of organizations who meet the first Wednesday of every month from 12:00 noon until 2:00 PM to discuss issues and ideas that affect the North Rockland Community and the Village of Haverstraw in particular. The Haverstraw Collaborative was founded in 2001 for the purpose of all community-based organizations serving the children, youth, elders, adults and families of Haverstraw to meet monthly in a spirit of non-partisanship and cooperation which is reflected in the Mission Statement.

April's Collaborative meeting began with lunch and a warm welcome by Marion Breland Oswald, chair of the Collaborative. Introductions were made around the room, followed by an inspirational reading about "Springtime."

Attendees were introduced to: Violence and Injury Prevention, a presentation by Melissa Jacobson of the Rockland County Health Department. Martha Robles/Catholic Community Services of Rockland, Ron Figueroa/Rockland County Department of Social Services and Diane Serratore/

People to People offered the Collaborative members a preview of the Powerpoint Presentation they are preparing regarding HUNGER in Rockland. This PowerPoint will be available for presenting at Rotary Clubs, school meetings, etc. to raise awareness. Did you know that just \$1.00 in donations can provide FOUR meals for a hungry person?

Reports were then given by the subcommittees regarding immigration advocacy, drug prevention, the "Hookah Bar", food and nutrition, parental involvement and teen pregnancy. Unity in the Community recap was offered and Pow'r Against Tobacco was commended for their advocacy regarding the "Powerwall" legislation.

All members were reminded to complete the United Way Community Needs assessment. Agency updates were given and flyers distributed. The next meeting is scheduled for May 2, 2012 at the Haverstraw Center's first floor multi-purpose room at 12:00 noon.

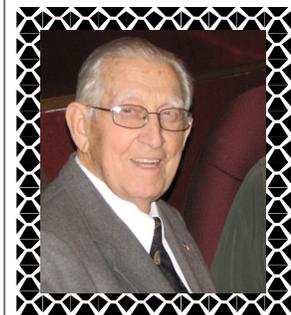
ADDITIONAL INFORMATION:  
845.429.5731

**Volunteer of the Month**

It is with sadness that we mourn the loss of Andy Koval, Sr., age 94!! Mr. Koval and his son offered a workshop in home repairs at one of the Collaborative's Unity in the Community sessions that was enjoyed by many.

Mr. Koval was very active in his community, volunteering at the Haverstraw Senior's, at St. Peter's Church, with the Haverstraw Benevolent and Protective Order of the Elks or with the Haverstraw Fire Department, Rescue Hook and Ladder Company #1 where he was recently honored with the 50+ years membership pin.

*Thank you for your inspiration.*



# Village of Haverstraw/Haverstraw Center



50 West Broad Street  
Haverstraw, NY 10927

Phone: 845.429.5731  
Fax: 845.429.5796  
E-mail: CommunityCenter@VoHny.com

**June 17, 2012**  
**9:00 AM—1:00 PM**  
All new  
**FARMERS' MARKET**  
On Maple Avenue in  
Front of Village Hall



## The Haverstraw Center Mission Statement

The Haverstraw Center serves all residents of the Village of Haverstraw by providing and hosting high-quality, comprehensive services for youth, families, adults and elders, promoting the health, safety, and well-being of community residents of all ages, and raising the quality of life for all people of our diverse community in a spirit of non-partisanship and cooperation.

We're on the WEB!  
[http://www.voh-ny.com/dept\\_youth.htm](http://www.voh-ny.com/dept_youth.htm)

### May Special Events and Notable Days

- 5/1 May Day
- 5/2 Haverstraw Collaborative NOON
- 5/2 Strengthening Families Program (SFP) continues Session #4
- 5/5 Cinco de Mayo
- 5/8 V-E Day
- 5/9 SFP Session #5
- 5/13 Mother's Day
- 5/16 Wear Purple for Peace Day
- 5/16 SFP Session #6 (Final session)
- 5/20 Dominican Republic Election
- 5/24 School Closed (Center 11—6)
- 5/25 School Closed (Center 11—6)
- 5/28 Memorial Day (Center Closed)
- 5/31 World No Tobacco Day

- FOSTER CARE MONTH
- NATIONAL BARBECUE MONTH
- NATIONAL BIKE MONTH
- OLDER AMERICANS MONTH



## Haverstraw Center Schedule/MAY

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
Computer Room	Homework Help 3:00PM—7:00 PM	Homework Help 3:00PM—7:00 PM	Homework Help 3:00PM—7:00 PM	Homework Help 3:00PM—7:00 PM	Homework Help 3:00PM—7:00 PM	
Game Room	3:00PM—7:00 PM	3:00PM—7:00 PM	3:00PM—7:00 PM	3:00PM—7:00 PM	3:00PM—7:00 PM	
Multi-purpose Room	Homework Help 3:00PM—7:00 PM Boys' Council A 4:30 PM—5:30 PM Back to Basics 7:00PM—9:30PM	Homework Help 3:00PM—7:00 PM	Homework Help 3:00PM—7:00 PM	Homework Help 3:00PM—7:00 PM	Homework Help 3:00PM—7:00 PM Boys' Council B 4:30 PM—5:30 PM	SATURDAY ESL II Conversational With HKDLibrary 10:00AM—12:00 noon
Gymnasium	Youth Basketball 3:00PM—5:00PM  Steve's Basketball 8:00PM—9:30PM	Youth Basketball 3:00PM—5:00PM J.U.M.P. 6:00PM—7:30PM	Youth Basketball 3:00PM—5:00PM  Adult Basketball 8:00PM—10:00PM	Youth Basketball 3:00PM—5:00PM  Steve's Basketball 8:00PM—9:30PM	Youth Basketball 3:00PM—5:00PM	SATURDAY Sharp Shooting Academy Co-ed middle school youth 9:00AM—11:00AM Steve's Basketball 11:00AM—1:00PM
Conference Room	Homework Help 8th—12th Grade 3:00PM—5:30PM RFS Empowerment Group 6:30PM—9:00PM	Homework Help 8th—12th Grade 3:00PM—5:30PM	Homework Help 8th—12th Grade 3:00PM—5:30PM	Homework Help 8th—12th Grade 3:00PM—5:30PM	Homework Help 8th—12th Grade 3:00PM—5:30PM	
Group Room	Girls' Club Middle School 3:30PM—5:00PM  RFS—babysitting 6:30PM—9:00PM	Girls' Club Fieldstone 3:30PM—5:00PM  Self Expressions 5:30PM—6:30PM	RCHD Health Insurance 2:00PM—5:00PM	Teen Advisory 10—12 Grade 3:00PM—4:00PM Teen Group 10—12 Grade 4:00PM—5:00PM		
Art Room				Girl Scouts 4:00 PM—5:00 PM		
Kitchen						
Counseling Room						
Other			Butts Out-Open Arms 4:00PM		Smoker's Aftercare— Open Arms Women's Facility 4:00 PM	