

**\*\*\*Attention Middle School Parent/s and Students\*\*\*  
(ages 10-14)**



**Strengthening Families Program**

The Strengthening Families Program will provide you with the tools that will put you and your family on the path towards making your dreams come true.

Parents

Would you like more closeness between you and your children?  
Would you like clearer rules and expectations within your family?

Students

Do you know how to communicate so your parent/s listen and understand?  
Do you know how to resist peer pressure and be your own person?

**Date:** Fall Session Dates ~  
Thursday October 8 to November 12, 2015 (6 weeks)  
**Time :** 6:00 – 8:30 p.m. (dinner included)  
**Place:** HAVERSTRAW CENTER  
50 West Broad Street  
Haverstraw, NY 10927  
**Cost:** Free (Free babysitting also available for younger siblings)

**Registration required. Please call:**  
Haverstraw Center/Reachout at (845) 429-5731

This program is sponsored by Haverstraw Center/Reachout